



*“A family that supports one another thrive.”*

## Services for Parent

- High quality experiences
- Onsite and in-home behavioral supports
- Early authentic assessments/ screeners
- Fully equipped sensory room
- Individual and group therapy
- Socialization groups
- Small cohort behavior groups
- Homework support during parent groups
- Exploring Infant/Toddler care for employees

Contact us for more information:

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Far Northern Regional Center



SHASTA COUNTY

Partnership Far Northern Regional Center & Shasta County Office of Education

# FAMILY WELLNESS PROGRAM

Family wellness addresses the whole family to improve outcomes for young children through networking, training, and other support services.



Co-located programs to streamline systems and breakdown barriers.



## — Services for Families —

### Parent Supports:

- Parent Club
- Makerspace
- Family Focus Groups
- Co-located Services

### Parent Trainings:

- Parent Networking
- Parent Cafe
- Developmental Milestones
- Triple P
- Processing Grief
- ACES
- Family Guided Planning

### Family Wellness Nights:

- Childcare
- Family Style Meals
- Therapy Sessions
- Networking
- Training



## — Services for Child —

- High quality early childhood experiences
- Fully equipped sensory room
- Individual and group therapy
- Socialization groups
- Small cohort behavior groups
- Individualized occupational therapy, speech & language.



## — Siblings —

- Sibling support & homework assistance.
- Games
- Free play
- Social Emotional Supports
- Individualized Occupational Therapy, Speech & Language Support